



AUGUST-SEPTEMBER 2023 | FIRST EDITION

THE LAMP



TRIUMPH



*"Transforming
Crisis into
Triumph through
Resiliency."*



"Welcome to 'Triumph,' the new volume and first edition of The Lamp for the Academic Year 2023-2024. This publication is all about celebrating success and overcoming challenges. People who faced tough times but emerged victorious. Showing us that setbacks can lead to success. Let's learn from these stories and face our own challenges with confidence and determination."



THE LAMP



Rosette Hidalgo
EDITOR-IN-CHIEF



Pauline Jane G. Adordionicio
ASSISTANT, EDITOR-IN-CHIEF



Mildred Angela C. Batalla
NEWS EDITOR



Nemia F. De Guzman
LITERARY EDITOR

EDITORIAL BOARD



Jackylyn R. Rama
PHOTO JOURNALIST/ ITE REP.



Rhena Jhoy C. Canubas
INAHS - REPRESENTATIVE



Angelo B. Constantino
IBM - REPRESENTATIVE



Justine Bonnarich M. Romano
IICT - REPRESENTATIVE



Acel Joy Gonzales
ICJE - REPRESENTATIVE





THE PAGES

AUGUST-SEPTEMBER 2023 | FIRST EDITION

BACK TO SCHOOL: NEVER LOOKED SO GOOD!

The grand opening of a new school year is a time for the halls of knowledge to bust with life and energy. The vibrant atmosphere of the school year is renewed through the hallway halls of Marikina Valley State University. The school year is a time for the halls of knowledge to bust with life and energy. The vibrant atmosphere of the school year is renewed through the hallway halls of Marikina Valley State University.

As the school year begins, the halls of knowledge are filled with the energy of new students and faculty members. The school year is a time for the halls of knowledge to bust with life and energy. The vibrant atmosphere of the school year is renewed through the hallway halls of Marikina Valley State University.

VOLUME 3 | PAGE 03 OFFICIAL STUDENT PUBLICATION

AUGUST-SEPTEMBER 2023 | FIRST EDITION

WELCOME

IBM Welcomes New Students with Warm Orientation Event

The Institute of Business Management (IBM) warmly welcomed its new students with a vibrant orientation event. The event was held in the IBM auditorium and featured a variety of activities, including a presentation on the institute's history and mission, a tour of the facilities, and a Q&A session with the faculty and staff.

The orientation event was a success, and the new students are excited to begin their journey at IBM. The institute is committed to providing a high-quality education and a supportive learning environment for all its students.

VOLUME 3 | PAGE 04 OFFICIAL STUDENT PUBLICATION

AUGUST-SEPTEMBER 2023 | FIRST EDITION

WELCOME GALLEGAN!

INSTITUTIONAL ORIENTATION

MVGFC College kicks off the academic year with Institute Orientations, ITE, IBM, INAH, ICIE, and ICTI provide guidance and support for their respective students. Fostering a sense of community and holistic education.

The orientation program is designed to help new students adjust to college life and get the most out of their education. The faculty and staff are committed to providing a supportive and enriching learning experience for all students.

VOLUME 3 | PAGE 05 OFFICIAL STUDENT PUBLICATION

AUGUST-SEPTEMBER 2023 | FIRST EDITION

A Fresh Start: ITE's Institutional Orientation Marks the Beginning of a Promising School Year

The Institute of Technology (ITE) kicked off its academic year with a vibrant institutional orientation. The event was held in the ITE auditorium and featured a variety of activities, including a presentation on the institute's history and mission, a tour of the facilities, and a Q&A session with the faculty and staff.

The orientation event was a success, and the new students are excited to begin their journey at ITE. The institute is committed to providing a high-quality education and a supportive learning environment for all its students.

VOLUME 3 | PAGE 06 OFFICIAL STUDENT PUBLICATION

AUGUST-SEPTEMBER 2023 | FIRST EDITION

OFFICIALS OF THE BOARD OF STUDENTS

OFFICIALS OF THE BOARD OF STUDENTS

The Board of Students (BOS) is the student organization that represents the interests of all students at Marikina Valley State University. The BOS is composed of representatives from each college and is responsible for advocating for student needs and concerns.

VOLUME 3 | PAGE 07 OFFICIAL STUDENT PUBLICATION

AUGUST-SEPTEMBER 2023 | FIRST EDITION

IBM Welcomes New Students with Warm Orientation Event

The Institute of Business Management (IBM) warmly welcomed its new students with a vibrant orientation event. The event was held in the IBM auditorium and featured a variety of activities, including a presentation on the institute's history and mission, a tour of the facilities, and a Q&A session with the faculty and staff.

The orientation event was a success, and the new students are excited to begin their journey at IBM. The institute is committed to providing a high-quality education and a supportive learning environment for all its students.

VOLUME 3 | PAGE 08 OFFICIAL STUDENT PUBLICATION

AUGUST-SEPTEMBER 2023 | FIRST EDITION

UMAYKAN

UMAYKAN

The Umaykan organization is a student organization that focuses on promoting the Filipino culture and heritage. The organization is committed to providing a platform for students to showcase their talents and skills, and to promote a sense of pride and belonging among the Filipino student body.

The Umaykan organization is a vibrant and active organization that is dedicated to promoting the Filipino culture and heritage. The organization is committed to providing a platform for students to showcase their talents and skills, and to promote a sense of pride and belonging among the Filipino student body.

VOLUME 3 | PAGE 09 OFFICIAL STUDENT PUBLICATION

AUGUST-SEPTEMBER 2023 | FIRST EDITION

UMAYKAN

UMAYKAN

The Umaykan organization is a student organization that focuses on promoting the Filipino culture and heritage. The organization is committed to providing a platform for students to showcase their talents and skills, and to promote a sense of pride and belonging among the Filipino student body.

The Umaykan organization is a vibrant and active organization that is dedicated to promoting the Filipino culture and heritage. The organization is committed to providing a platform for students to showcase their talents and skills, and to promote a sense of pride and belonging among the Filipino student body.

VOLUME 3 | PAGE 10 OFFICIAL STUDENT PUBLICATION

AUGUST-SEPTEMBER 2023 | FIRST EDITION

NURSING STUDENT ORGANIZATION (NSO) ORIENTATION PAVES THE WAY FOR FUTURE HEALTH CARE PROFESSIONALS

The Nursing Student Organization (NSO) held its orientation program, paving the way for future health care professionals. The orientation program was held in the NSO auditorium and featured a variety of activities, including a presentation on the organization's history and mission, a tour of the facilities, and a Q&A session with the faculty and staff.

The orientation program was a success, and the new members are excited to begin their journey with the NSO. The organization is committed to providing a supportive and enriching learning environment for all its members.

VOLUME 3 | PAGE 11 OFFICIAL STUDENT PUBLICATION

AUGUST-SEPTEMBER 2023 | FIRST EDITION

NURSING DEPARTMENT EMPOWERS STUDENTS WITH SKILLS ENHANCEMENT PROGRAM

The Nursing Department is empowering its students with a Skills Enhancement Program. The program is designed to help students develop the skills and competencies needed to succeed in the nursing profession. The program includes a variety of activities, including workshops, seminars, and hands-on experiences.

The Skills Enhancement Program is a valuable resource for nursing students, and the department is committed to providing a high-quality education and a supportive learning environment for all its students.

VOLUME 3 | PAGE 12 OFFICIAL STUDENT PUBLICATION

AUGUST-SEPTEMBER 2023 | FIRST EDITION

ICIE

ICIE

The Institute of Computer Information Engineering (ICIE) is a student organization that focuses on promoting the field of computer science and information technology. The organization is committed to providing a platform for students to showcase their talents and skills, and to promote a sense of pride and belonging among the ICIE student body.

The ICIE organization is a vibrant and active organization that is dedicated to promoting the field of computer science and information technology. The organization is committed to providing a platform for students to showcase their talents and skills, and to promote a sense of pride and belonging among the ICIE student body.

VOLUME 3 | PAGE 13 OFFICIAL STUDENT PUBLICATION

AUGUST-SEPTEMBER 2023 | FIRST EDITION

SAO CONDUCTS ORIENTATION FOR NEW SCHOLARS FOR 1ST SEMESTER

The Student Affairs Office (SAO) conducted an orientation program for new scholars for the 1st semester. The orientation program was held in the SAO auditorium and featured a variety of activities, including a presentation on the SAO's history and mission, a tour of the facilities, and a Q&A session with the faculty and staff.

The orientation program was a success, and the new scholars are excited to begin their journey at Marikina Valley State University. The SAO is committed to providing a supportive and enriching learning environment for all its students.

VOLUME 3 | PAGE 14 OFFICIAL STUDENT PUBLICATION

AUGUST-SEPTEMBER 2023 | FIRST EDITION

SCHOLARS ORIENTATION

SCHOLARS ORIENTATION

The Student Affairs Office (SAO) conducted an orientation program for new scholars for the 1st semester. The orientation program was held in the SAO auditorium and featured a variety of activities, including a presentation on the SAO's history and mission, a tour of the facilities, and a Q&A session with the faculty and staff.

The orientation program was a success, and the new scholars are excited to begin their journey at Marikina Valley State University. The SAO is committed to providing a supportive and enriching learning environment for all its students.

VOLUME 3 | PAGE 15 OFFICIAL STUDENT PUBLICATION

AUGUST-SEPTEMBER 2023 | FIRST EDITION

SCHOLARS ORIENTATION

SCHOLARS ORIENTATION

The Student Affairs Office (SAO) conducted an orientation program for new scholars for the 1st semester. The orientation program was held in the SAO auditorium and featured a variety of activities, including a presentation on the SAO's history and mission, a tour of the facilities, and a Q&A session with the faculty and staff.

The orientation program was a success, and the new scholars are excited to begin their journey at Marikina Valley State University. The SAO is committed to providing a supportive and enriching learning environment for all its students.

VOLUME 3 | PAGE 16 OFFICIAL STUDENT PUBLICATION

AUGUST-SEPTEMBER 2023 | FIRST EDITION

TRUMPH IN THE FACE OF ADVERSITY: MVGFC GRADUATE BAINS

The Marikina Valley State University (MVGFC) Graduate Bains program is a student organization that focuses on promoting the field of business and management. The organization is committed to providing a platform for students to showcase their talents and skills, and to promote a sense of pride and belonging among the Graduate Bains student body.

The Graduate Bains organization is a vibrant and active organization that is dedicated to promoting the field of business and management. The organization is committed to providing a platform for students to showcase their talents and skills, and to promote a sense of pride and belonging among the Graduate Bains student body.

VOLUME 3 | PAGE 17 OFFICIAL STUDENT PUBLICATION

AUGUST-SEPTEMBER 2023 | FIRST EDITION

SAO CONDUCTS ORIENTATION FOR NEW SCHOLARS FOR 1ST SEMESTER

The Student Affairs Office (SAO) conducted an orientation program for new scholars for the 1st semester. The orientation program was held in the SAO auditorium and featured a variety of activities, including a presentation on the SAO's history and mission, a tour of the facilities, and a Q&A session with the faculty and staff.

The orientation program was a success, and the new scholars are excited to begin their journey at Marikina Valley State University. The SAO is committed to providing a supportive and enriching learning environment for all its students.

VOLUME 3 | PAGE 18 OFFICIAL STUDENT PUBLICATION

AUGUST-SEPTEMBER 2023 | FIRST EDITION

SCHOLARS ORIENTATION

SCHOLARS ORIENTATION

The Student Affairs Office (SAO) conducted an orientation program for new scholars for the 1st semester. The orientation program was held in the SAO auditorium and featured a variety of activities, including a presentation on the SAO's history and mission, a tour of the facilities, and a Q&A session with the faculty and staff.

The orientation program was a success, and the new scholars are excited to begin their journey at Marikina Valley State University. The SAO is committed to providing a supportive and enriching learning environment for all its students.

VOLUME 3 | PAGE 19 OFFICIAL STUDENT PUBLICATION

AUGUST-SEPTEMBER 2023 | FIRST EDITION

SCHOLARS ORIENTATION

SCHOLARS ORIENTATION

The Student Affairs Office (SAO) conducted an orientation program for new scholars for the 1st semester. The orientation program was held in the SAO auditorium and featured a variety of activities, including a presentation on the SAO's history and mission, a tour of the facilities, and a Q&A session with the faculty and staff.

The orientation program was a success, and the new scholars are excited to begin their journey at Marikina Valley State University. The SAO is committed to providing a supportive and enriching learning environment for all its students.

VOLUME 3 | PAGE 20 OFFICIAL STUDENT PUBLICATION

AUGUST-SEPTEMBER 2023 | FIRST EDITION

LITERARY

LITERARY

The Literary organization is a student organization that focuses on promoting the field of literature and the arts. The organization is committed to providing a platform for students to showcase their talents and skills, and to promote a sense of pride and belonging among the Literary student body.

The Literary organization is a vibrant and active organization that is dedicated to promoting the field of literature and the arts. The organization is committed to providing a platform for students to showcase their talents and skills, and to promote a sense of pride and belonging among the Literary student body.

VOLUME 3 | PAGE 21 OFFICIAL STUDENT PUBLICATION

AUGUST-SEPTEMBER 2023 | FIRST EDITION

LITERARY

LITERARY

The Literary organization is a student organization that focuses on promoting the field of literature and the arts. The organization is committed to providing a platform for students to showcase their talents and skills, and to promote a sense of pride and belonging among the Literary student body.

The Literary organization is a vibrant and active organization that is dedicated to promoting the field of literature and the arts. The organization is committed to providing a platform for students to showcase their talents and skills, and to promote a sense of pride and belonging among the Literary student body.

VOLUME 3 | PAGE 22 OFFICIAL STUDENT PUBLICATION

AUGUST-SEPTEMBER 2023 | FIRST EDITION

Palomia, Elected as President of MVGFC's Supreme Student Council for A.Y. 2023-2024

Palomia, Elected as President of MVGFC's Supreme Student Council for A.Y. 2023-2024

Ella May L. Palomia has been elected as the President of the Marikina Valley State University (MVGFC) Supreme Student Council for the academic year 2023-2024. Palomia is a dedicated and accomplished student leader who has served in various capacities throughout her college career. She is committed to providing a supportive and enriching learning environment for all students.

Palomia is a dedicated and accomplished student leader who has served in various capacities throughout her college career. She is committed to providing a supportive and enriching learning environment for all students.

VOLUME 3 | PAGE 23 OFFICIAL STUDENT PUBLICATION

AUGUST-SEPTEMBER 2023 | FIRST EDITION

SSC

SSC

The Student Services Council (SSC) is a student organization that focuses on promoting the field of student services and support. The organization is committed to providing a platform for students to showcase their talents and skills, and to promote a sense of pride and belonging among the SSC student body.

The SSC organization is a vibrant and active organization that is dedicated to promoting the field of student services and support. The organization is committed to providing a platform for students to showcase their talents and skills, and to promote a sense of pride and belonging among the SSC student body.

VOLUME 3 | PAGE 24 OFFICIAL STUDENT PUBLICATION

AUGUST-SEPTEMBER 2023 | FIRST EDITION

SSC

SSC

The Student Services Council (SSC) is a student organization that focuses on promoting the field of student services and support. The organization is committed to providing a platform for students to showcase their talents and skills, and to promote a sense of pride and belonging among the SSC student body.

The SSC organization is a vibrant and active organization that is dedicated to promoting the field of student services and support. The organization is committed to providing a platform for students to showcase their talents and skills, and to promote a sense of pride and belonging among the SSC student body.

VOLUME 3 | PAGE 25 OFFICIAL STUDENT PUBLICATION

AUGUST-SEPTEMBER 2023 | FIRST EDITION

LITERARY

LITERARY

The Literary organization is a student organization that focuses on promoting the field of literature and the arts. The organization is committed to providing a platform for students to showcase their talents and skills, and to promote a sense of pride and belonging among the Literary student body.

The Literary organization is a vibrant and active organization that is dedicated to promoting the field of literature and the arts. The organization is committed to providing a platform for students to showcase their talents and skills, and to promote a sense of pride and belonging among the Literary student body.

VOLUME 3 | PAGE 26 OFFICIAL STUDENT PUBLICATION

AUGUST-SEPTEMBER 2023 | FIRST EDITION

LITERARY

LITERARY

The Literary organization is a student organization that focuses on promoting the field of literature and the arts. The organization is committed to providing a platform for students to showcase their talents and skills, and to promote a sense of pride and belonging among the Literary student body.

The Literary organization is a vibrant and active organization that is dedicated to promoting the field of literature and the arts. The organization is committed to providing a platform for students to showcase their talents and skills, and to promote a sense of pride and belonging among the Literary student body.

VOLUME 3 | PAGE 27 OFFICIAL STUDENT PUBLICATION



BACK TO SCHOOL, NEVER LOOKED THIS GOOD!

As the golden hues of a new academic year approach, it's time for the halls of knowledge to buzz with life once more. The echoes of learning and laughter resonated through the hallowed halls of Manuel V. Gallego Foundation Colleges Inc. on August 8, 2023, as they ushered in the dawn of the School Year 2023-2024. Amidst the eager anticipation, a vibrant tapestry of students, esteemed faculty, and dedicated staff converged at the MVGFC Gymnasium for the highly anticipated General Orientation. The event was not just a mere gathering; it was a symphony of beginnings. Freshmen and transferees alike stood at the threshold of a transformative journey. As the sun painted patterns of promise across the sky, the students stepped into a world of endless possibilities.



Get ready to dive into a whirlwind of excitement at MVGFC as we kick-start the ultimate college journey! Hosted by the dynamic duo, Ms. Lovelyn Enriquez and the ever-energetic Mr. Louis Alfred Santos, from the Institute of Teacher Education, this orientation was not just an event – it was an unforgettable experience that had students buzzing with enthusiasm.

In her welcome remarks, Director for Instruction Ms. Rosalyn Bilog gave her warmest greetings to all the attendees of the program. The Student Affairs Office (SAO), collaborated with the different Department Heads within the school for the presentation of their policies and services they offer. These included:



[READ MORE](#)





Registrar Policies – Dr. Arnel Sevilla
Finance Policies – Mrs. Arlyn Pahuriray
Library Policies – Mr. Joshua Relucio
Students Affairs Office and Social Media – Mrs. Maricris G. Malamug
Student Discipline – Dr. Raymond Tabajonda
Guidance, Alumni, Counseling, and Placement – Ms. Princess Alabag

Health Services – Health Care Services Team
Management Information System – Mr. Jefferson Domingo
Administration – Mrs. Teny Peralta
Community Extension and Outreach Program – Mrs. Maria Victoria R. Victa



The different organization within the school prepared booths to encourage the new students to join and help them enhance their skills and talents.

After the closing remarks of Dr. Ruth Alfonso, Dean of ITE, the students were asked to join the Campus Tour to be more familiarize with the facilities and school premises.

BY: EDITORIAL BOARD





INSTITUTIONAL ORIENTATION

MVGFC College kicks off the academic year with Institute Orientations. ITE, IBM, INAH, ICJE, and IICT provide guidance and support for their respective students, fostering a sense of community and holistic education.





A Fresh Start: ITE's Institutional Orientation Marks the Beginning of a Promising School Year

Amidst the anticipation of a new academic year, the Institute of Teacher Education set the stage for success with its Institutional Orientation on August 8, 2023, at 1:00 in the afternoon, held within the hallowed halls of the MVGCFI Main Library. The event was graced by the presence of esteemed guests, including the Dean, dedicated faculty members, enthusiastic staff, and eager students – all donning welcoming smiles, brimming with excitement for the upcoming academic journey. The orientation was expertly conducted by the capable Ms. Aira Reyes, with Dr. Jessa Zerrudo leading a heartfelt prayer and Mr. Nickhole Bernardino delivering the opening remarks. The gathering served as an opportunity to introduce both seasoned educators and new faculty members, along with a preview of the exciting subjects they will impart in the first semester.

[READ MORE](#)





As ITE ushers in the new school year, the stage is set for a vibrant blend of academic drama and fun, promising an enriching learning experience for all. The election of officers has been successfully conducted, and we are thrilled to present the list of officers for the Future Mentors Society for the School Year 2023-2024:

FUTURE MENTORS SOCIETY

- President:** Nemia F. De Guzman
- Vice President:** Jared Aguilar
- Secretary:** Hazel Centeno
- Treasurer:** Pauline Adordionicio
- Auditor:** Liezemberly Serrano
- P.R.O.:** Jade Castillo
Gerald Castillo
- Business Manager:** Jackylyn Rama
Ervin Umali
- Muse:** Rica Mae Castro
- Escort:** Adrian Medina
- 1st year Representative: Ariane Benico
- 2nd year Representative: Mikyla Angela Patiag
- 3rd year Representative: Fevy Kaye Mariano
- 4th year Representative: Ronalyn Cruz

KAPISANAN NG MGA MAG-AARAL SA FILIPINO

- PANGULO:** Stephanie M. Bernabe
- PANG. PANGULO:** Mildred Angela C. Batalla
- KALIHIM:** Carlo Silvestre
- INGAT YAMAN:** Jackie Lyn Y. Osias
Ronalyn S. Mangoba
- TAGASURI:** Joan Masiglat
Joanna M. Adam
- TAGAPAMAHALA:** Bea Kylla Subaba
Ronalyn M. Cruz
Shenalyn Pascual
- TAGAPAGBALITA:** Katherine A. Madonza/ Adsad Noriya
- TAGAPAMAYAPA:** Donnalene Macasero
Erika Jean E. Rivera
Kristine Joy Y. Andres
Angelica D. Reselva
- LAKAMBINI:** Hazel Anne I. Centeno
- LAKAN:** Gerald Castillo

[READ MORE](#)





With a new set of dedicated officers leading the way, our school community in the Institute of Teacher Education is brimming with excitement as we embark on a fresh academic year filled with promising adventures and meaningful initiatives. Their enthusiasm and vision inspire us all to make this year a memorable one.

ENGLISH CLUB

President: Jackylyn Rama

Vice President: Joshua Sana

Secretary: Raymart Bautista

Treasurer: Janna Micha Alnas

Auditor: Mikyla Patiag

Business Manager: Nicole Jane Garcia

P.I.O.: Cheska Caballero

ITE Representative: Gemae Prado

INAHS Representative: Rhena Canubas

IBM Representative: Jocelle

Gapingan

ICJE Representative: Acel Gonzales



BY: JACKYLYN R. RAMA





I.B.M. WELCOME

August 8, 2023



IBM Welcomes New Students with Warm Orientation Event

The Institute of Business Management (IBM) at Manuel V. Gallego College (MVGFC) enthusiastically welcomed its newest batch of 105 students with a warm and informative orientation event held on August 8, 2023. Organized by the Business Student Organization (BSO), the event set the stage for the incoming students to embark on their academic journey at IBM. The day commenced with a heartfelt prayer led by Mr. Angelo B. Constantino, followed by a warm welcome from Ms. Jecela Bacho, the newly appointed Governor of BSO. Musical performances and camaraderie filled the atmosphere as Ms. Janela Cruz and Ms. Maegan Garcia serenaded the audience.

One of the key objectives of the orientation program was to introduce the students to the IBM department, its faculty, and staff. Additionally, students gained insights into the past activities of BSO, giving them a glimpse of the potential events and activities, they can look forward to during the Academic Year 2023-2024. Ms. Jeah C. Basco, a dedicated faculty member, took the opportunity to introduce the newly appointed officers of various student organizations, elaborating on their roles and responsibilities.



[READ MORE](#)





IBM's commitment to delivering high-quality education was highlighted, with support from the Manuel V. Gallego Foundation Colleges, Inc. (MVGFCI). This collaborative effort ensures that students receive a well-rounded education, setting the stage for a promising and brighter future. The orientation event not only marked the beginning of a new academic year but also fostered a sense of community and motivation within the IBM student body, preparing them for the journey ahead.



BY: ANGELO CONSTANTINO





Aspiring nursing students at the Institute of Nursing and Allied Health Sciences recently underwent a comprehensive orientation organized by the Nursing Student Organization (NSO). This orientation serves as a crucial starting point for these students, introducing them to the NSO's mission, vision, and values while shedding light on the institute's objectives. It offers students insights into the various committees and positions within the nursing department, helping them assess their interests and abilities.



NURSING STUDENT ORGANIZATION (NSO) ORIENTATION PAVES THE WAY FOR FUTURE HEALTHCARE PROFESSIONALS



Guest speakers from Manila Doctors Hospital enriched the orientation with motivational stories. These stories kindled a passion within the nursing students and showcased the hospital's cutting-edge facilities and advanced medical technology. Guided tours of fully furnished wards, operating rooms, and diagnostic facilities further inspired students to strive for excellence in their future nursing careers.



[READ MORE](#)





Moreover, the orientation emphasized the sense of community and shared purpose at Manila Doctors Hospital, where students not only acquire knowledge and skills but also become part of a compassionate and dedicated group of individuals committed to helping others. This event not only equips aspiring healthcare professionals with the necessary tools for success but also underscores the institution's dedication to fostering the next generation of skilled and empathetic healthcare providers.

BY: RHENA JHOY CANUBAS





ICJE



Dr. Raymond R. Tabajonda, Dean of ICJE, spoke and welcomed the criminology students during the Institutional Orientation.

The Institute of Criminal Justice Education (ICJE) held an Institutional Orientation for students from first-year to fourth-year last August 09, 2023, at the Mini Amphitheater of Manuel V. Gallego Foundation Colleges, Inc.

The main objective of the orientation was to prepare and equip the criminology students for the upcoming School Year 2023-2024. A series of talks and presentations focused on providing the students with essential information about the Institute of Criminal Justice Education and its guidelines.

[READ MORE](#)





Ms. Ara Joyce Cortez, ICJE Coordinator, prepares the criminology students before the orientation begins.

Additionally, during the orientation, the students were introduced to our distinguished criminology professors and instructors, who will guide them through the captivating realm of crime and justice this school year. This includes Dr. Raymond R. Tabajonda, Dr. Gregorio H. Peñamante, Col. Eпитacio D. Domingo, Mr. Ralph Jhon L. Guevarra, Mr. Lloyd Vic Riane Gonzales, Ms. Ara Joyce A. Cortez, Ms. Lowell Jimenez, Ms. Dexell Anne Mae S. Calague, and Ms. Rogielyn A. Bernaga.

The program ended with, after the presentation and introduction, an opportunity for students to ask questions and get clarifications during the question-and-answer Q&A portion of the orientation.

BY: ACEL JOY GONZALES





UMAYKAN

AUGUST 22, 2023

MVGFC Celebrates Buwan ng Wika with a Flourish of Filipino Culture

MANUEL V. GALLEGO, August 22, 2023 - In a jubilant celebration of Filipino heritage, Manuel V. Gallego College (MVGFC) recently held a remarkable event to mark "Buwan ng Wika," a month-long tribute to the Filipino language and culture. The event was organized through the collaborative efforts of the ITE Filipino Department, ICJE, ROTC, Guidance Office, and SAO, showcasing the unity and dedication of the MVGFC community.

[READ MORE](#)

This year's Buwan ng Wika celebration bore the theme, "Filipino at mga katutubong Wika: Wika ng kapayapaan, Seguridad at Inklusibong Pagpapatupad ng Katarungang Panlipunan" (Filipino and Indigenous Languages: Language of Peace, Security, and Inclusive Social Justice). The event was a true testament to the pride MVGFC takes in the Filipino culture.

The MVGFC faculty and staff made the celebration even more special by donning traditional Filipino attire, the Filipiniana costume, embodying the essence of the event.





The event commenced with a formal inauguration led by Dr. Joseph L. Gallego, President of MVGFC. Following this, Ms. Rosalinda Bilog, Director for Instruction, delivered a brief but impactful speech, setting the tone for a day filled with cultural richness and artistic flair.

Throughout the celebration, the talents of Gallegans, both students and teachers, took center stage. Under the guidance of Ms. Dexell Anne Mae Calague, ROTC Coordinator, the ROTC team performed a Silent Drill, showcasing precision and discipline. The audience was treated to mesmerizing performances, including Modern Dance featuring "Una-una kaya kaya" and "Alitaptap," OPM Songs such as "Pangarap lang kita," "Noypi," and "Huling sandali" led by Ms. Maricris Malamug and Ms. Joana Ubongen. Koryo Modern Taekwondo with Self-Defense Demonstrations was presented by Mr. Ralph Jhon Guevarra, a faculty member of ICJE. A thought-provoking Acting/Comedy Skit titled "Wika at puso: Isang kwento ng Makabayan at Filipino Spirit" was brought to life by Mr. Mark Fernand Roman.



The festivities also featured more OPM songs and Folk dances performed by Mr. Renz Reniel Roque from IBM and Mrs. Zoraida Angeles from ITE.

The event not only celebrated the Filipino language and culture but also served as a reminder of the rich heritage that unites the MVGFC community. It was a day filled with pride and a testament to the institution's commitment to nurturing Filipino values and traditions. Buwan ng Wika was not just an event; it was a vibrant showcase of the Filipino spirit that continues to thrive within the MVGFC family.

BY. PAULINE JANE ADORDIONISIO





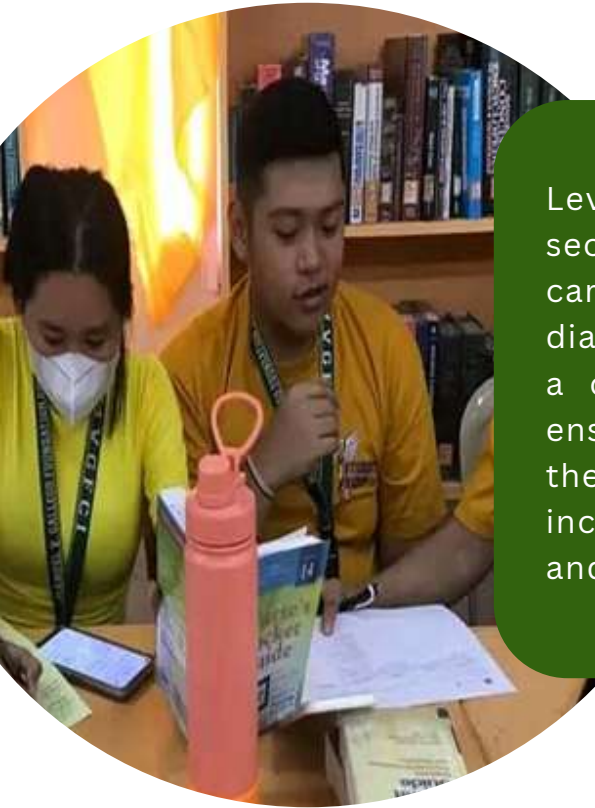
The nursing department conducted a skill improvement program for level 2 and level 3 nursing students on August 23, 2023, focusing on enhancing their nursing practice skills. This program emphasized the importance of skills development in nursing education and highlighted the significance of medication calculation in ensuring patient safety. The orientation was led by Ms. Maribienne Bernabe, Mrs. Geraldine O. Cuaresma, Mr. Parco Avoc F. Culang, and Mr. Girard Paul Alfonso, who shared their experiences and provided guidance to the students.

Medication calculation was a key aspect of the orientation, underscoring the commitment to patient safety and the high standards of nursing practice. The instructors emphasized the importance of accurate drug administration and patient care.

Charting, another critical skill, was discussed, stressing the comprehensive and ethical aspects of documenting patient information. The instructors highlighted the significance of maintaining patient privacy, obtaining informed consent, and understanding the legal implications of record-keeping.

[READ MORE](#)

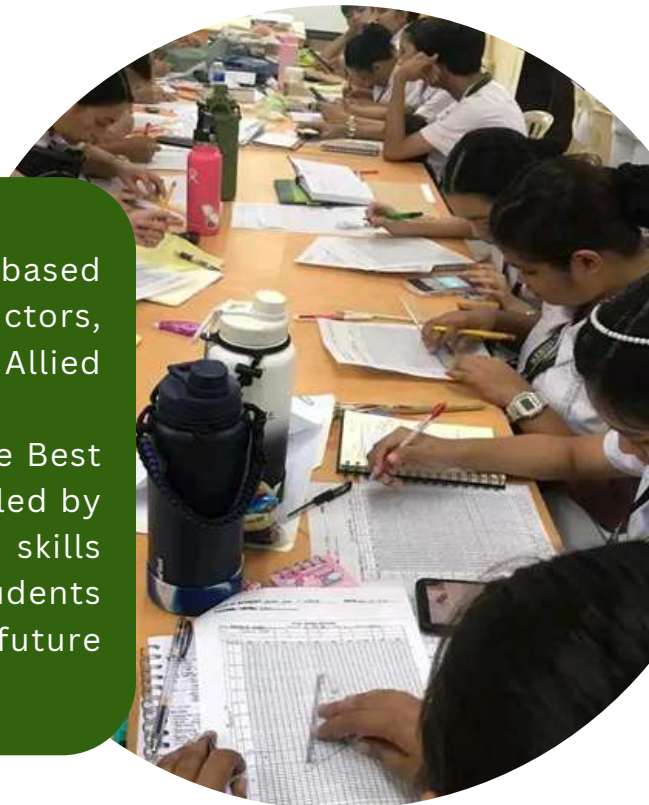




Level 4 nursing students joined level 3 students on the second day of the program, focusing on creating nursing care plans and using the FDAR framework (focus, diagnosis, action, and response). These care plans serve as a communication tool among healthcare professionals, ensuring that everyone involved in patient care is aware of the patient's needs and interventions. The program also included simulation scenarios to promote critical thinking and evidence-based decision-making among the students.

They were tasked with creating nursing care plans based on case scenarios and presented them to their instructors, including the Dean of the Institute of Nursing and Allied Health Sciences, Ms. Rosalyn B. Bilog.

The highlight of the program was the awarding of the Best Nursing Care Plan, which was presented to group 5, led by Mr. JC Rosales, a 4th-year nursing student. This skills enhancement program aimed to equip nursing students with the necessary skills and knowledge for their future healthcare careers.



BY: RHENA JHOY CANUBAS





SAO CONDUCTS ORIENTATION FOR NEW SCHOLARS FOR 1ST SEMESTER



The scholars took the stage as they received their certificates and medals as Best Scholars during the academic year 2022-2023.

[READ MORE](#)





The Student Affairs Office (SAO) hosted its First Semester Scholars' Orientation for new scholars together with their parents/guardians for the school year 2023-2024, last September 16, 2023, at the Manuel V. Gallego Foundation Colleges Inc. Gymnasium.

The event started with divine intervention led by Ms. Stephanie Charisse Buenafe, the SAO Coordinator. This was followed by the singing of the Philippine National Anthem and the presentation of the MVGFCI's Mission, Vision, and Graduates Attributes.

Following that, Dr. Joseph L. Gallego, the MVFGCI President, opened the orientation with his welcome remarks through a recorded video. Mrs. Maricris A. Malamug, the SAO Directress, then gave a brief introduction to each member of the staff and went through the discussion of the services they provide, as well as the contract signing process and the obligations each scholar has to uphold in order to maintain their scholarship.



[READ MORE](#)





Additionally, the awarding of the best scholars—which recognizes students who excel as MVGFCI scholars throughout the academic year 2022–2023—took place.

The SAO Coordinators, Ms. Charlene Rivera, Ms. Joanna Ubongen, and Mrs. Mutya Vina Longalong, provided each attendee a survey form to fill out at the end of the session, requesting them to evaluate the overall program and offer suggestions for improvement if they weren't satisfied.



BY: ACEL JOY GONZALES





"TRIUMPH IN THE FACE OF ADVERSITY: MVGFC GRADUATES SHINE"

Graduation marks a significant milestone in every student's life, a moment of triumph after years of dedication and hard work. The graduates of Manuel V. Gallego, who have weathered unforeseen challenges over the past few years, celebrated their achievements on September 16, 2023. Nearly 200 students from various institutes—Institute of Teacher Education (ITE), Institute of Criminal Justice Education (ICJE), Institute of Business Management (IBM), and Institute of Nursing and Allied Sciences (INAHS)—received their diplomas with pride at the MVGFC Gymnasium.

The theme for this year's commencement exercises was "Transforming Crisis into Triumph through Resiliency." This theme underscored the critical role resilience plays in a student's journey through college life, reminding everyone that challenges can be the stepping stones to success.

Police Major Rommel Balacuay, Chief of Police of Natividad Police Station, delivered an inspiring commencement address, focusing on what he termed the "Seven Pillars of Success." He emphasized the importance of these pillars, urging the graduates never to forget them as they venture into the world, poised for greater accomplishments.

[READ MORE](#)





Following Major Balacuay's address, diplomas and awards were distributed to the graduates, marking the culmination of their academic journey. The ceremony continued with the solemn Pledge of Loyalty, led by SSC President Ponciano Peralta III, a proud graduate of the Institute of Criminology. Patricia Nicole C. Collantes, a standout graduate in BS Criminology, delivered the Words of Thanks on behalf of the graduating class.

As these graduates step out into the world, they carry not only their well-deserved diplomas but also the invaluable tools they've acquired during their time at MVGFC. Armed with knowledge and fortified by their experiences, they are ready to embrace a future brimming with endless possibilities.



The triumph of these graduates serves as a testament to their resilience, determination, and unwavering commitment to excellence. As they embark on new adventures, their alma mater, Manuel V. Gallego, celebrates their achievements and eagerly anticipates the positive impact they will undoubtedly make in the world.

BY: ROSETTE HIDALGO





Ella May L. Palomia

PRESIDENT

Palomia, Elected as President of MVGFCI's Supreme Student Council for A.Y. 2023-2024





OFFICIAL SSC SUPREME STUDENT COUNCIL OFFICERS 2023

Enrique G. Aguilar
VICE PRESIDENT

Ella May L. Palomia
PRESIDENT

Eunice G. Odra
SECRETARY

Janelle Cruz
TREASURER

Rafael De Guzman
BUSINESS MANAGER

Althea Marie C. Eduarte
Nicole Jane K. Garcia
PUBLIC RELATIONS OFFICERS

MVGFC
Manuel V. Gallego Foundation Colleges, Inc.

#GalleGOtoaBrighterFuture #AlagangKalidadAlagangG

Street, Cabanatuan City, Philippines | [f/MVGFC](#) | [www.mvgallego.edu.ph](#) | 0977

The election day was marked by enthusiasm and anticipation, as students and candidates eagerly awaited the results. Fortunately, they didn't have to wait long, as the outcomes were officially announced the very next day, on September 21, 2023.

In a moment that drew applause and excitement, Ella May Palomia, representing the Institute of Criminal Justice Education (ICJE), emerged as the new President of the Supreme Student Council for the Academic Year 2023-2024. Her election signifies the trust and confidence of her fellow students in her leadership abilities.

The newly elected leaders are expected to bring a positive impact in the coming academic year. With fresh faces taking up various positions, there is an air of hope and expectation for their success in turning their vision into reality.

BY: MILDRED ANGELA BATALLA

MANUEL V. GALLEGO, September 21, 2023 - Leadership is a vital aspect of any group's efficiency, and recognizing this, Manuel V. Gallego Foundation Colleges Inc. (MVGFCI) recently conducted a successful election to choose the next leaders who will guide the student body during the Academic Year 2023-2024.





LITERARY

Triumph, The Key to Success

By: Nemia F. De Guzman

Triumph, the key to success, is a treasure
so grand

With every challenge faced, we rise and
take a stand

In this professional realm, where dreams
come alive

Triumph is the language, that helps us to
thrive

With determination strong, we conquer
each task

Triumph's sweet victory, is all that we ask

The language of success, speaks volumes
so clear

In English we communicate, without any
fear

So let us embrace, this language of might

Triumph's sweet symphony, shining so
bright

With smiles on our faces, we'll conquer it
all

Triumph, the key to success, will never let
us fall

"Triumph in the Hands of Time"

By: Jackylyn R. Rama

I dreamt of becoming who I longed to be,
Yet thought it impossible, beyond what I'd
see.

Sacrificing for others, time quickly passed,
Now, it's my turn, my dreams to amass.

I toiled and strived, my goal in sight,
Without worry for others' opinions, right.
On this unpredictable journey, I embark
with glee,
Guided by God, I trust the path laid before
me.

Now halfway on this journey, I stand tall,
Pushing limits, giving my all.
Returning favors, making them see,
I'll make them proud, and my spirits free.

Today, I chase my dreams through life's
streams,
In this journey, short, it's not what it
seems.
For these trials, too, shall fall to the light,
And ultimately, we'll see triumphs take
flight.

In God's perfect timing, I'll conquer the
strife,
Humbly achieving my goal, crafting my
life.

I won't be arrogant, that's not my intent,
Instead, inspire others, make a difference,
it's meant.





LITERARY

Worthwhile Battle: A Survived Great War

By: Rhena Jhoy C. Canubas

Triumph doesn't come without a fight,
Through the gloomiest hours and the
lankiest night.

It's born from the struggles, and
challenges we face, In the backlashes, we
find our place.

Triumph's not handed on a silver tray,
It's the result of effort, come what may.

In each lapse, we learn and grow,
Triumph's the pilgrimage, not the final
glow.

Through storms that rage, we stand so tall,
In the gloomiest period, we'll give our all.

Triumph is the fire that fuels our souls,
Turning broken pieces into something
whole.

The road may seem to be bumpy,
But, the edge will bring a glorious victory.

So carry on, don't ever give in,
The fire within, it's bound to win.

In Triumph's Glorious Light

By: Michelle L. Dela Cruz

In triumph's glorious light we stand, On
paths of fate, hand in hand, With hearts
ablaze, we reach the height, In unity, our
guiding light.

Through trials fierce, we found our way,
Each challenge met, come what may, With
courage strong and spirits free, Triumph is
our destiny.

In battles won and battles lost, In every
tempest life has tossed, We rise above, we
never yield, In victory, our fate is sealed.

So let us celebrate this day, In triumph's
glory, come what may, With hope and joy,
we'll face the night, In triumph's glorious,
endless light.

Victory's Ascent

By: Pauline Jane G. Adordionicio

In shadows cast by doubt's cruel veil,
I strode with purpose, fierce and hale,
Triumph's fire within did prevail.

Through trials fierce and tempests wild,
I dared to dream, I reconciled,
With hope and faith, I was beguiled.

Now on the peak of victory's mount,
I stand, triumphant, no more in doubt,
For every battle, I've found my route.



ACADEMIC YEAR 2022-2023



The Lamp



THE OFFICIAL STUDENT
PUBLICATION OF MVGFCI

Special thanks to the Editorial Board